September Club Meeting

The club meeting will be at Brewbaker’s Restaurant at 168 N. Loudoun St., Winchester, VA on **Wednesday, 11 September 2019.** Social gathering and meal will begin at 6:00PM. The meeting will start at 7:00PM. Please contact Ken Tenney at k_tenney@verizon.net by Tuesday, 10 Sept 2019, so the final number of attendees can be reported to the restaurant.

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Club Meeting Report and Notes

Winchester Wheelmen Meeting Minutes for August 13, 2019 held at Brewbakers Winchester, VA

Treasurer’s report: savings $1,442.98 checking $1,998.12 cash on hand $158.00 Total = $3,559.10

Ken confirmed the Kid’s Club will not be happening, not for a lack of interest on the Wheelmen side, but because their organization could not get behind it. Perhaps the club can help them another way. Something to be discussed at a later date.

In old business Ken wanted to reiterate again the fact that club members need to ride in a safe manner and obey all VA traffic laws. He would like members to feel comfortable policing fellow members when infractions are observed. Ken cited an unfortunate incident on the Saturday morning shop ride where club members were observed by a sheriff passing other cyclists over the double yellow. Please members observe good ride etiquette.

Chuck Rumsey will be leading a Pittsburgh to Cumberland GAP ride on 10/12.

Big thank you to Robert and Ed who lead the Orkney Spring ride. Everyone enjoyed it.

Robert stated it was never too early to start working on annual banquet details. He will report back.

The Sunday Sundae ride took place on Sunday, August 25th. We had 60 people attend the event and enjoyed Ed serving up ice cream to everyone. It was so good to see so many members and their families out for a wonderful afternoon. Linda and Chuck brought her world-famous brownies, which, as always, were delicious. Thanks for everyone’s help.

**PLEASE CHECK THE RIDE SCHEDULE BELOW AS TIMES AND EVENTS HAVE CHANGED DUE TO THE SHORTER DAYS AND FALL APPROACHING.**

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**CLUB METRIC CENTURY**

**Sunday, October 6, 2019**

**WHITE POST RESTORATIONS**

This year’s metric will start from White Post Restorations in White Post, VA, starting at 10:00 am. There will be 3 options for the days ride. There will be a 22, 38 and 62 mile choice. There will be one rest stop for the 38 mile loop and 2 for the 62 mile loop. There
will also be a $10.00 donation asked for and all the proceeds will be donated to the Old White Post Gas Station Restoration. Tire Outfitters will again sponsor the event and furnish all drinks and snacks for the day.

There will be a portable Restroom for our use at the Restoration Center.

This is a great way for all club members to show our appreciation to White Post Restoration and the village of White Post for all they allow us to do there.

Winchester Wheelmen September 2019 Ride Schedule
Weekday/Weeknight/Weekend Rides & Events

Note: For 2019, Robert Golightly continues to be the WW ride coordinator. He may be contacted at rgolightly22601@gmail.com or 540-535-9986. Approved helmets are required for all rides. If you are not a club member, you must sign a waiver prior to the ride. Non-members may only ride one ride as a guest. Membership is requirement following that guest ride per club LAB insurance requirements. For all scheduled rides with a designated ride leader, please contact the leader for details (confirmation that the ride is a ‘go’, weather concerns, other). For all rides, the Winchester Wheelmen Group delivers the official latest information. The direct link to that web page is: http://groups.google.com/group/wheelmen. You can read all of the postings without joining the Google Group.

All times listed for ride starts are departure times unless otherwise stated. Plan on arriving with enough time to be ready for the departure time. Also, if you plan to diverge from the planned route and not stay with the group, you must notify the ride leader prior to doing so. Historically there have been many rides where the ride leader has spent time backtracking or otherwise spent time and effort verifying the safety of a rider who has chosen to leave the route. Please communicate.

Mondays - MTB Night Ride - Location Varies. We will start on Monday, September 16th. More details will follow in early September as to a time a place. Please contact Robert Golightly for more information on this ride at rgolightly22601@gmail.com.

Tuesdays - Road Ride - Stephens City, VA. Meet at the old Shop ’n Save plaza east of Stephens City on VA 277 for the 5:45PM ride start. Start times and distances will change weekly and will be posted each week. This is not a beginner ride; the pace is 17-19mph for the slower group, 19+ for the faster group. Exact loop determined by participants. White front lights and red rear flasher will be needed for the rest of the season. Ken Tenney will lead the 17-19mph group for September. There has been a strong showing for 13-15 & 16-17mph versions of the ride during the summer, also. Please see the WW Google Group each week for details.

Wednesdays – Road Ride – Frederick County, VA. Starting from Orchard View Elementary School. Start time for the ride will be 6:30 PM. Be ready to push off at 6:30. Ride length is 17 miles. This ride regroups 3 times and has several areas where a moderate paceline is used. Contact Robert Golightly for more information. This ride will need front and rear lights starting September 18th ride. No ride on September 11th.

Thursdays - Retired/Day-off Ride of the week. This ride is an easy to moderate pace ride starting at various locations. Rides start at 9:00 AM and ride length is between 20 to 30 miles, with an average speed of 12-15 MPH. The rides usually have a lunch break stop or lunch after. Rides are as follows:

- **September 5th:** Shenandoah County Park Ride. The park is on US 11 about 1 mile south of Toms Brook on the left. 32 miles, fairly hilly, but great views of the valley.
- **September 12:** Italian Delight on Warrior Drive in Stephens City. 28 miles and please park on the back side of the parking area.
- **September 19:** Jail Trail to Shepherdstown: Meet at the Rt 9, Martinsburg side of the trial head located just past the Regional Jail. 32 miles. Mike Perry will not be riding this day as he will be in Europe (or the Regional Jail, cannot remember which).
- **September 26th:** Cooley School in Berryville 29 miles. School located at the corner of Rt 7 business and Westwood Road at the circle near the fair grounds.
Thursdays - Road Ride - White Post, VA. This ride is a "go" unless there is rain. Ride starts from White Post Restorations. Ride departs promptly at 6:15PM. Average speed is 15-17mph. There is no ride leader. Front and rear lights will be needed starting on the September 12th ride.

Thursdays - Casual Ride - White Post, VA. Meeting by 5:30 and pulling out by 5:45PM from the White Post Restorations parking lot.

Saturdays - Road Ride - Winchester, VA. Meet at Blue Ridge Bicycles for a different WW rides. Push-off time is 8:00AM sharp. Ride is led by Mike Perry at 13-15mph. Distance is 20 miles. Visit the WW Google Group for any last-minute changes.

Winchester Wheelmen August 2019 Ride Schedule
Future Weekend or Out of Area Rides or Events


Photos from the Sunday Sundae Ride, 25 Aug 2019
Everyone, please send me pictures from your biking adventures so I can add them to the newsletter.
rgolightly22601@gmail.com

Winchester Whelemen - P.O. Box 1695 - Winchester, VA 22604