August Club Meeting
The club meeting will be at Brewbaker’s Restaurant at 168 N. Loudoun St., Winchester, VA on Tuesday, 13 August 2019. Social gathering and meal will begin at 6:00PM. The meeting will start at 7:00PM. Please contact Ken Tenney at k_tenney@verizon.net by Sunday, 11 August 2019, so the final number of attendees can be reported to the restaurant. (They are closed on Mondays.)

Club Meeting Report and Notes

Treasurer report: $3,500.10, which includes checking, savings and cash on hand. All bills for 2019 have been paid.

Frederick County Parks and Recreation Department is now looking at building a skate park at Sherando Park and is looking for input from the club. Bruce and Ken met with Cory Smith. They provided input to Cory and no follow up action is needed at this time.

It was suggested the club make a donation for the restoration efforts of the old gas station in White Post. Since we already give to the town to help pay for street lighting, Mike Perry suggested we have a fundraising ride from the White Post Restoration Center, later this summer or early fall, and the money will be donated to the restoration of the gas station. The date for this event looks to be October 6th. More details will follow at the August meeting.

Ken Tenney reiterated the fact that club members have a responsibility to ride in a safe manner and obey all Virginia Laws. It is important to all members that safety while riding is our top priority and self-policing is a big part of this process.

Molly brought up that the Shenandoah Valley Bike Club, from Harrisonburg is collecting data in the Valley of bike and pedestrian incidents/accidents. This information is to help them work with local law enforcement officials and representatives to make sure that cyclist and pedestrians are treated fairly when they are involved in a accident. It also helps identify problem areas where crashes might happen frequently and physical changes to those areas could be made. The information is NOT passed on to any police department directly but may be shared for advocacy purposes.

To report an accident or incident please go to: https://svbcoalition.org/bicycle-and-pedestrian-crash-reporting/

KIDS CLUB RIDE

Due to several issues, this ride has been cancelled for August 25, 2019. Hope to see it back in 2020.

ICE CREAM SUNDAE RIDE AT WHITE POST WILL BE ADDED FOR THIS DATE.
Full details will be sent out asap and will be available at the August meeting. There will be 2 rides, 6 and 17 miles. Time to be determined but expected to be around 3:00pm. We will have ice cream for all after you are done riding. This is a very social event and encourage all members of your family to come out for this a fun and relaxing afternoon ride.
Note: For 2019, Robert Golightly continues to be the WW ride coordinator. He may be contacted at rgolightly22601@gmail.com or 540-535-9986. Approved helmets are required for all rides. If you are not a club member, you must sign a waiver prior to the ride. Non-members may only ride one ride as a guest. Membership is requirement following that guest ride per club LAB insurance requirements. For all scheduled rides with a designated ride leader, please contact the leader for details (confirmation that the ride is a ‘go’, weather concerns, other). For all rides, the Winchester Wheelmen Google Group delivers the official latest information. The direct link to that web page is: http://groups.google.com/group/wheelmen. You can read all of the postings without joining the Google Group.

All times listed for ride starts are departure times unless otherwise stated. Plan on arriving with enough time to be ready for the departure time. Also, if you plan to diverge from the planned route and not stay with the group, you must notify the ride leader prior to doing so. Historically there have been many rides where the ride leader has spent time backtracking or otherwise spent time and effort verifying the safety of a rider who has chosen to leave the route. Please communicate.

Mondays - Road Ride - Frederick County, VA. Meet at White Hall Methodist Church, 3265 Apple Pie Ridge Rd, Winchester, VA 22603 for a 6:15 PM ride start. Robert Golightly is leading. This is a 25 mile loop that travels north into West Virginia. Ride is at moderate pace, with some climbing. Always need a rear light. Please contact Robert Golightly for more information on this ride. rgolightly22601@gmail.com

Tuesdays - Road Ride - Stephens City, VA. Meet at the old Shop 'n Save plaza east of Stephens City on VA 277 for the 6:00PM ride start. This is not a beginner ride; the pace is 17-19mph for the slower group, 19+ for the faster group. Exact loop determined by participants. White front lights and red rear flasher will be needed at the end of the ride in latter part of August. Ken Tenney will lead the 17-19mph group for August. There has been a strong showing for 13-15 & 16-17mph versions of the ride during the summer, also. Please see the WW Google Group each week for details.

Wednesdays – Road Ride – Frederick County, VA. Starting from Orchard View Elementary School. Start time for the ride will be 6:30 PM. Be ready to push off at 6:30. Ride length is 17 miles. Back lights are required. This ride regroups 3 times and has several areas where a moderate paceline is used. Connect Robert Golightly for more information.

Thursdays - Retired/Day-off Ride of the week. This ride is an easy to moderate pace ride starting at various locations. Rides start at 9:00 AM and ride length is between 20 to 30 miles, with an average speed of 12-15 MPH. The rides usually have a lunch break stop or lunch after. Rides are as follows:

- **August 1st:** Middletown East, meet at Lord Fairfax Comm. College. Park in the main lot, using the parking spaces in the southwest corner (next to Rt.11 and closest to town).
- **August 8th:** Meet at the James Wood tennis courts. Parking lot is on the left after passing Apple Pie Ridge Elementary School. 30-35 mile ride
- **August 15th:** Meet at Saint Paul's Lutheran Church in Strasburg, 156 W. Washington Street. 28 miles. Park in the lot across the street from the church.
- **August 22nd:** Middletown West. meet at LFCC, the same as for August 1st. 28 -30 miles.
- **August 29th:** Cooley School in Berryville, located on business 7 across from the fair grounds. 29 miles.
- **September 5th:** Shenandoah County Park Ride. The park is on Rt. 11 about 1 mile south of Toms Brook on the left. 32 miles, fairly hilly, but great views of the valley.

Thursdays - Night Road Ride - White Post, VA. This ride is a "go" unless there is rain. Ride starts from White Post Restorations. Ride departs promptly at 6:15PM. Average speed is 15-17mph. There is no ride leader.

Thursdays - Casual Ride - White Post, VA. Meeting by 5:30 and pulling out by 5:45PM from the White Post Restorations parking lot.

Saturdays - Road Ride - Winchester, VA. Meet at Blue Ridge Bicycles for two different WW rides. Push-off time is 8:00AM sharp. Slower ride is led by Mike Perry at 13-15mph. Faster ride is led by DJ Arnold at 17+ mph. Distances are 20 and 27 miles, respectively. Visit the WW Google Group for any last-minute changes.
Winchester Wheelmen August 2019 Ride Schedule
Future Weekend or Out of Area Rides or Events

- Sun., 25 Aug 2019 - Kid's Club Ride – Winchester, VA. URL TBD.
- Sat., 05 Oct 2019 Culpeper Century - Culpeper, VA. http://culpepercentury.com

4th of July 2019 Capon Bridge Ride!
Tracy Johnston and her sons, Alex and James, riding MTBs near the WV Scenic Hwy 150

Len Yang, Mike Konopa, and Mona Sams with the horses!

The ride down to Orkney Springs, VA.
Everyone, please send me pictures from your biking adventures so I can add them to the newsletter. Fun looking at what everyone is doing. Facebook on wheels! rgolightly22601@gmail.com

Winchester Wheelemen - P.O. Box 1695 - Winchester, VA 22604