

WINCHESTER WHEELMEN JANUARY 2022 NEWSLETTER

Volume 39, Number 1

"The cyclist's voice in the Shenandoah Valley"

P.O. Box 1695, Winchester, VA 22604

www.winchesterwheelmen.org

January Meeting

There will be a January executive committee meeting, but no general meeting. The all-business meeting will be held to help the new club administration transition. Please be on the lookout for a February meeting once everyone is up to speed.

December Meeting

The meeting was held 08 Dec 2021 with Josh Lewis presiding; it was held at Blue Ridge Bicycle. Reminder that these are notes from the meeting, as held that date. Some items referenced may have already occurred, etc. The meeting was called to order at 6:50 pm

Treasurer's Report from Jonathan Hanson:

- | | |
|------------------------|---------------------|
| • Savings: \$1,503.30 | • Cash: \$100.00 |
| • Checking: \$2,206.72 | • Total: \$3,810.00 |

It was reported that the Porta Potty bill has yet to come in. Andrea Cosans and Chuck Rumsey both asked for a final accounting and it has not been received. The bill should be around \$400.00. Upcoming bills will include the VA state corporation to the tune of \$25, The PO Box which will be \$106 and club insurance which will be about \$1,700.

Old and New Business:

Old Business

- **Web-Based Registration.**

Josh Lewis reported on the status of the website. We can now pay online. There are some issues but they are being worked on.

- **Thanksgiving Day Ride.**

Josh Lewis reported that the Thanksgiving ride was well attended. We had about 20 people.



- **New Year's Day Ride.**

The Snowball express New Year's Day ride will be held at noon on January 1 pending weather. (Postponed to January 2nd – see listing – Ed.)

- **Women's Ride.**

Cindy Quinnelly reported on the women's ride. Andrea Cosans came off as co-leader and Zita Winzer agreed to be co-leader. It began in 2020 with 6 rides and an average of 10 riders. In 2021 16 rides were held with an average of 7 riders. In 2020 the club had 30 female riders. Now the club has 50 female riders. During the winter there will be a Wednesday night spin ride followed by yoga for the women among some other activities.

- **CCAP Ride.**

Andrea Cosans requested from the club how next year's CCAP ride should be handled with Frederick County Parks and Rec. The Wheelmen suggested that CCAP's board needs to make a decision. Andrea Cosans reported that CCAP's board said it is up to the Wheelmen. CCAP will request help with the family ride from Frederick County Parks and Rec but the ride committee will handle the rest.

- **Trash Pick Up.**

It was agreed that the trash pick up date will be tabled until the next meeting.

- **Winter Activities.**

- Zita Winzer is starting a winter hiking group. If interested contact her.
- Robert Golightly reported that mountain bike rides will occur on Saturday's.
- Bob Morris reported that the retiree's ride will continue through the winter.
- Robert reported that we should check out the Blue Ridge Bicycle website for a history of his riding through photos throughout the years.

New Business

- **Elections.**

Elections were held for the officers and the results are as follows:

President is Ken Tenney, Vice president is Wolfgang Winzer, treasurer is Robert Golightly, and secretary is Andrea Cosans.

- **Refugee Bicycle Items.**

Josh Lewis requested information on how the Wheelmen helped the Afghan refugees. Andrea Cosans reported that Church World Services reached out to her to request helmets and basic riding gear and safety items and that the Wheelmen came through. Tracy Johnston asked if monetary donations would help. Bob Morris stated all monetary donations should go to Church World Services/refugee resettlement funds.

- **Rotary Benefit Ride.**

Robert Golightly reported that Warren County Rotary club will be holding a charity bike event On April 27 and reported some of the routes. Andrea and Robert will be the point people.

- **Apple Blossom Ride.**

Andrea Cosans shared that Sharon Gromling, who is the executive director of Our Health will be the Apple Blossom chair for 2023. She is interested in hold a bike ride as part of the annual event. The Wheelmen expressed an interest in helping and Sharon will be invited to the February meeting which will be held Monday, February 13, 2022.

Adjournment occurred at 7:45 PM

Cacapon St. Park MTB Update

The next trail at Cacapon kicks off its build February 3. This trail is being built with two RTP grants that we applied for in 2018 and 2019. The grant is \$300,000 to build a trail from the overlook down to the Batt Shelter, approximately 3 miles. We, the Cacapon Foundation, are partnering with IMBA and the state park to build this "signature" trail.

We are bringing in the ACC (Appalachian Conservation Corps) to hand-build the top 2 miles of the trail through the rock fields. IMBA says this trail will be unlike anything else seen east of the Mississippi and will create a draw for Cacapon that will bring in riders from the whole region.

The build is expected to take 3 months and may be used as a stage in the 2022 Cacapon Enduro mountain bike race. It will descend nearly 1,000 feet from the overlook and be advanced level in the upper section and intermediate in the bottom third. There will be an access trail 1/3 of the way up so intermediates can enjoy the lower section.

We are tentatively planning to name this trail Thriller. With the completion of this trail, Cacapon will have over 20 miles of mountain bike trails. We still have nearly 30 miles of trails on the IMBA Trail Accelerator trail plan to build, so the trails will keep coming for riders of ALL levels! During the build of Thriller, there will be opportunities to volunteer and come help. We have to provide volunteer hours to help match the grant, so help will be appreciated and help us continue the momentum. -Mark Hoyle

Winchester Wheelmen January 2022 Ride Schedule

Weekday/Weeknight Rides & Events

Note: Approved helmets are required for all rides. If you are not a club member, you must sign a waiver prior to the ride. Non-members may only ride one ride as a guest. Membership is a requirement following that guest ride per club LAB insurance requirements. For all scheduled rides with a designated ride leader, please contact the leader for details (confirmation that the ride is a 'go', weather concerns, other). For all rides, the Winchester Wheelmen Google Group delivers the official latest information. The direct link to that web page is: <http://groups.google.com/group/wheelmen>. You can read all the postings without joining the Google Group. All times listed for ride starts are departure times unless otherwise stated. Plan on arriving with enough time to be ready for the departure time. Also, if you plan to diverge from the planned route and not stay with the group, you must notify the ride leader prior to doing so. Historically there have been many rides where the ride leader has spent time backtracking or otherwise spent time and effort verifying the safety of a rider who has chosen to leave the route. Please communicate.

Thursdays - Retired/Day-off Ride of the week. This ride is an easy to moderate pace ride starting at various locations. Ride length is between 20 to 30 miles, with an average speed of 12-15 MPH. The rides usually have a lunch break stop or lunch after. Mike Perry states these will be posted on a week-to-week basis.

Thursdays - Road Ride - White Post, VA. 17-mile ride starts at White Post Restorations. Departure time is **6:00 PM**. As this is a 100% darkness ride, you must have bike lights, front and back. This is a leaderless ride. Please check the WW Google Group to see that anyone is planning to ride.

Saturdays - Shop Ride - Winchester, VA. Impromptu only. Look to WW Google Group for details.

Saturdays - Morning Mountain Bike at Andy Guest/Shenandoah River State Park - Bentonville, VA. We will be riding each Saturday morning at 11:00 AM at the lower parking lot on the left (not at the zip line area) for a 2 to 3-hour ride. Each week's ride is adjusted to accommodate all riders who come out for the ride. Robert Golightly is leading and may be reached at 540-535-9986 or rgolightly22601@gmail.com.

Sunday, 02 Jan 2022 - Snowball Express - Winchester, VA.

WHAT: Snowball Express

WHERE: James Wood Middle School, 1313 Amherst St, Winchester, VA 22601, USA.

WHEN: 10:00 AM, 02 Jan 2022.

DESCRIPTION: New Year's Day "Snowball Express" Ride – Winchester, VA. Meet at James Wood Middle School on Amherst Street in Winchester. Ride departs (pushes off) at 10:00 AM; 25 miles or less, depending on the weather conditions. Route will use the reverse of the Thanksgiving ride (will be via Jones, Middle, Cedar Creek). Time to celebrate the New Year!

Note this is a casual ride. Some riders will go hard, but please make the ride whatever pace works for you. Please be ready to push off at 10:00 AM.

Winchester Wheelmen January 2022 Ride Schedule

Future Weekend Rides or Events

- Visit <https://www.cyclingva.com/> for more riding options.

Note: Thanksgiving Day photo courtesy of Len Yang!

Winchester Wheelmen, Inc – PO Box 1695 – Winchester, VA 22604