

# Winchester Wheelmen May 2018 Newsletter

Volume 35, Number 5

"The Bicyclists' Voice in the Shenandoah Valley"

P.O. Box 1695, Winchester, VA 22604

<http://www.winchesterwheelmen.org>

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## May Club Meeting

We will be at El Centro Restaurant in Old Town Winchester, 1 N. Loudoun Street, Winchester, VA 22601, for the monthly meeting on **Monday, 14 May 2018**. Dinner/social hour is at **6:00pm** with the business meeting beginning around **7:00pm**. Please RSVP by noon Sunday, 13 May 2018, if you plan to attend; RSVPs should be sent to Ken Tenney at [k\\_tenney@verizon.net](mailto:k_tenney@verizon.net) or 540 664 8435.

## April Meeting

We met at Brewbakers in March, 2018 for the monthly club meeting.

## Treasurer's Report

- Checking: \$2,161.00
- Saving: \$1,014.00

## Discussion Items

- All insurance has been paid for through LAB for American Specialty coverage.
  - Adopt-a-Highway renewal was done by Jonathan and more information will be coming in the next month.
  - T-shirts will be covered May meeting. (Are there any Adobe Illustrator users who can help with this project? We have the pieces; we just need someone capable of putting them together for a good softcopy file.)
  - Kevin Watson discussed the Farm-to-Fork Fondo to be held at Belle Grove Plantation, south of Middletown, VA. From an e-mail he sent to the WW Google Group: "Hey Folks – folks running the Gran Fondo May 19-20 are still looking for 3-4 drivers of their support vehicles. They'll pay a stipend but contact Jim Beebe-Woodard: [jim@wrenegadesports.com](mailto:jim@wrenegadesports.com) They are also looking for a volunteer to drive the photographer around to the aid stations (think rest stops). They are willing to discount prices on future rides & have other incentives. Contact Kate Turcotte if interested in driving the photographer. Her email is: [kate@wrenegadesports.com](mailto:kate@wrenegadesports.com)." The URL for the event is <http://www.farmforkfondo.com/shenandoah/>
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## HELP CREATE A MORE BIKEABLE WINCHESTER

Join the Winchester, Frederick County Metropolitan Planning Organization on Wednesday, 23 May 2018 at **6:00PM** for a workshop. The workshop includes ways to enhance the Green Circle, add North, South bike lanes and other opportunities to add more cycling to our community. The meeting will be held at the Community Room at Our Health, Inc. at 329 N. Cameron St. #200, Winchester, VA 22601. For more information or questions you may have, please contact John Madera at 540-636-8800 or [jmadera@nsvregion.org](mailto:jmadera@nsvregion.org)

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## Winchester Wheelmen May 2018 Ride Schedule

Weekday/Weeknight/Weekend Rides & Events

**Note:** For 2018, Robert Golightly continues to be the WW ride coordinator. He may be contacted at [rgolightly22601@gmail.com](mailto:rgolightly22601@gmail.com) or 540 535 9986. Approved helmets are required for all rides. If you are not a club member, you must sign a waiver prior to the ride. For all scheduled rides with a designated ride leader, please contact the leader for details (confirmation that the ride is a 'go', weather concerns, other). For all rides, the Winchester Wheelmen Google Group delivers the official latest information. The direct link to that web page is: <http://groups.google.com/group/wheelmen> you can read all of the postings without joining the Google Group.

**Mondays - Road Ride - Frederick County, VA.** Meet at White Hall Methodist Church, 3265 Apple Pie Ridge Rd, Winchester, VA 22603 for a **6:15PM** ride start. Robert Golightly is leading. This ride is 23 miles and will average 14 to 16mph. There is also an option to climb Buck Mountain. We will have two short rest stops and regroup as needed. 540 535 9986

**Mondays - Beginner & Casual Rides - Frederick County, VA.** Meet at White Hall Methodist Church, 3265 Apple Pie Ridge Rd, Winchester, VA 22603. The rides will start at **4:45PM**. Contact Susan Walker for more details at [susanwwalker@comcast.net](mailto:susanwwalker@comcast.net)

**Tuesdays - Road Ride - Stephens City, VA.** Meet at the old Shop 'n Save Plaza east of Stephens City on VA 277 for the **6:00PM** ride start (push off time). This is not a beginner ride; the pace is 17-19mph for the slower group, 19+ for the faster group. Typical loop is here: <http://www.ridewithgps.com/routes/102730> Ken Tenney will lead the ride for May.

**Wednesdays - Mixed Surface Ride - Frederick County, VA.** Ride starts from Fellowship Bible Church and the time is **6:15PM Sharp**. This will be about 25 mile ride that will travel on different road surfaces, Blacktop, gravel, etc. No ride leader for May, so check the WW Google Group for ride status.

**Thursdays - Beginner and Casual Ride – White Post, VA.** This ride will start from White Post Restoration at **4:45PM** and do the regular 17 mile route. May also want to join the group below for dinner at Roma's. Contact Susan Walker for details at [susanwwalker@comcast.net](mailto:susanwwalker@comcast.net)

**Thursdays - Night Road Ride - White Post, VA.** This ride is a "go" unless there is rain or snow. Ride starts from White Post Restorations. Ride departs promptly at **6:15PM**. Average speed is 15-17mph. No ride leader. Ride is usually followed by dinner at Roma's Restaurant in Stephen's City, VA.

**Thursdays - Retired/Day - Off Ride of the Week.** This is an easy-paced ride starting at various locations. Ride length is between 20 to 30 miles usually with a lunch stop at the finish (optional). (No ride leaders here, just advisors.) The rides will start at **9:00AM** for March at the following locations:

- May 3rd** - Meet at Episcopal Church in Millwood, VA, across from Project Hope.
- May 10th** - Meet at Rock Harbor Golf Course west of Winchester. Park on the left.
- May 17th** - Meet at Valley Baptist Church in Edinburg, VA.
- May 24th** - Meet at the parking lot across from St Paul's Lutheran Church in Strasburg, VA.
- May 31st** - Meet at Santorini Grill in Berryville, VA

**Saturdays - Beginner and Casual Road Ride - Location Alternates.** This ride will alternate the starting location between the Exxon on the north side of Route 7, just west of Berryville and White Post Restoration. Please contact Susan Walker for details. [susanwwalker@comcast.net](mailto:susanwwalker@comcast.net) All rides are posted to the WW Google Group.

**Saturdays - Shop Rides - Winchester, VA.** Morning Road rides from Blue Ridge Bikes will start at **8:00AM**. These rides are around 20 miles and are finished before 10:00am. Mike Perry and DJ Arnold will lead these rides. DJ's ride will have an average speed of 17 plus and Mike's will be in the 12 to 15 mph range. Please contact Blue Ridge Bikes for more details at 662-1510. (Please note that DJ's ride leaves promptly at 8:00AM.)

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## Winchester Wheelmen May 2018 Ride Schedule

### Future Weekend Rides or Events

- **Sat., May 5th** - Apple Blossom 10K - Winchester, VA. <http://thebloom.com/event/10k-race/>
- **Sat., May 12th** - Pedal for Pooches - Charles Town, WV. <http://www.baacs.org/event/17th-annual-pedal-for-pooches/>
- **Sat., May 19th** - CASA River Ride - Shepherdstown, WV. <http://www.casarivercentury.org/>
- **Sat., May 19th** - Tour de Madison - Madison County, VA. <http://tourdemadison.com/>
- **Sat.-Sun., May 19th-20th** - Farm to Fork Fondo - Middletown, VA. <http://www.farmforkfondo.com/shenandoah/>
- **Sun., May 20th** - Storming of Thunder Ridge - Lynchburg, VA. <http://stormingofthunderridge.org/>
- **Sun., May 27th** - Mountains of Misery - Newport, VA. <http://www.mountainsofmisery.com/>

Subaru Dog family was vacationing in Durango the same time we were.



Having a great day at Andy Guest State Park. (Ed, Phil, Jason and Robert).



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Everyone, please send me pictures from your biking adventures so I can add them to the newsletter.  
Fun looking at what everyone is doing. Facebook on wheels! [rgolightly22601@gmail.com](mailto:rgolightly22601@gmail.com)

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