

# Winchester Wheelmen July 2018 Newsletter

Volume 35, Number 7

"The Bicyclists' Voice in the Shenandoah Valley"

P.O. Box 1695, Winchester, VA 22604

<http://www.winchesterwheelmen.org>

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## **JULY MEETING:**

The July meeting will be held on Monday, July 9<sup>h</sup> at **6:00 PM**. This meeting will be held at Ed Duncan's home, located at 327 N. Braddock Street. We will order pizza and feel free to bring your favorite beverage. After the meeting, please stay around and chat or join us as we put on "a hands" on clinic on flat tire changing and other day-to-day bike maintenance. We have a lot of new riders this year and hope this will be a big help. Please let Ken Tenney know by Sunday, July 8<sup>th</sup>, if you are planning on attending. [k\\_tenney@verizon.net](mailto:k_tenney@verizon.net)

We will also be reviewing the final details for those going on the New York trip. I will have maps, house information, travel arrangements, etc.

The club would like to thank Ed for hosting the June picnic meeting and for his continuing support of the club.

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## **June Meeting**

### **Treasurer's Report**

Checking and Savings: \$3,259.25

### **Discussion Items**

- The club made a \$150.00 donation to the village of White Post for White Post Restoration letting us park on the lot after hours and on the weekends. Money will be used to pay for the night street lighting.
- 38 members were at the June Meeting.
- Waivers – if you did not sign waiver, check in with a club officer.
- Adopt a Highway – WW has adopted the road between Richard's Farm Market and Relief Methodist Church (2 miles) for the past several years. Jonathan Hanson plans to walk the road to clear any debris. If anyone is interested in joining should contact Jonathan the next 2 Fridays.
- Other business: Metric Century this fall Sunday, 7 October 2018 at Brucetown, VA. Participants can ride 20, 40 or 62 miles with a refreshment stop on the longer route. All WW riders are encouraged to participate; there is no fee to participate. This is a good get together to end the season on the road. Last year was a huge success and Robert Golightly will provide more details in the coming months.
- Kids Club Ride - Kids ride is scheduled for 12 August at 9:00. Kids can ride 10 or 30. All adult riders can bike 10, 30, 50 and 70 miles. Kids will be trained on Tuesdays and Thursdays at 8:00am at the Kids Club. Starting TBD. Typically, 8-10 kids participate.

- Road ID discount offer – If interested in the Road ID bracelet ([www.roadid.com/pages/pe?id=roadid](http://www.roadid.com/pages/pe?id=roadid)) the club receives a \$10.00 discount. The fabric id is available via the website and a way to be identified by a first responder in case of emergency who can search for your contact information to include any medical history; especially if riding alone and in case of an accident.
- The Wheelmen send a big thanks to Ed Duncan for his continued support and for hosting the June cookout. THANKS ED!!!

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## Tee Shirts

Thanks to Kevin McNair for coordinating the purchase of WW T-shirts. If you did not place an order on the first go around, hopefully we will be able to do a second purchase later this summer. The T-Shirts came in many colors and have wonderful WW art work on them. \$15.00 each was a great price also.

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## Winchester Wheelmen July 2018 Ride Schedule

### Weekday/Weeknight/Weekend Rides & Events

**Note:** For 2018, Robert Golightly continues to be the WW ride coordinator. He may be contacted at [rgolightly22601@gmail.com](mailto:rgolightly22601@gmail.com) or 540 535 9986. Approved helmets are required for all rides. If you are not a club member, you must sign a waiver prior to the ride. For all scheduled rides with a designated ride leader, please contact the leader for details (confirmation that the ride is a 'go', weather concerns, other). For all rides, the Winchester Wheelmen Google Group delivers the official latest information. The direct link to that web page is: <http://groups.google.com/group/wheelmen> you can read all of the postings without joining the Google Group.

**Mondays - Road Ride - Frederick County, VA.** Meet at White Hall Methodist Church, 3265 Apple Pie Ridge Rd, Winchester, VA 22603 for a **6:15PM** ride start. Robert Golightly is leading. This ride is 24 miles. Call Robert Golightly for more details at 540 535 9986.

**Tuesdays - Road Ride - Stephens City, VA.** Meet at the old Shop 'n Save Plaza east of Stephens City on VA 277 for the **6:00PM** ride start (push off time). This is not a beginner ride; the pace is 17-19mph for the slower group, 19+ for the faster group. Typical loop is here: <http://www.ridewithgps.com/routes/102730> Ken Tenney will lead the slower ride for July. Phil Edinborough will be leading a "C" ride from his house at 5:40PM at 115 Andalusian Court, Stephens City, VA. That group will arrive to meet the 6:00PM ride at the plaza. The pace of that ride is intended to be 15-17mph. Please check the WW Google Group for updates.

**Wednesdays - Road Ride - Frederick County, VA.** Ride from Orchard View Elementary School starting at **6:30PM**. Please be ready to push off at 6:30. This is a 17 mile loop. The average speed is around 16 to 17MPH and has 3 stops to regroup. Last 4 miles back is a pace line and is good training for pace line riding, as we keep the pace between 18 and 20 MPH on this fairly flat portion of road. Please contact Robert Golightly for more information at [rgolightly22601@gmail.com](mailto:rgolightly22601@gmail.com)

**Thursdays - Mixed Surface Ride - Frederick County, VA.** Ride starts from Fellowship Bible Church and the time is **6:00PM sharp**. This will be about 25 mile ride that will travel on different road surfaces, Blacktop, gravel, etc. No ride leader for July, so check the WW Google Group for ride status.

**Thursdays - Casual Ride - White Post, VA.** This ride will start from White Post Restoration at **5:30PM** and do the regular 17 mile route. May also want to join the group below for dinner at Roma's. Contact Susan Walker for details at [susanwalker@comcast.net](mailto:susanwalker@comcast.net) or 540 247 7706.

**Thursdays - Night Road Ride - White Post, VA.** This ride is a "go" unless there is rain or snow. Ride starts from White Post Restorations. Ride departs promptly at **6:15PM**. Average speed is 15-17mph. No ride leader. Ride is usually followed by dinner at Roma's Restaurant in Stephen's City, VA.

**Thursdays - Retired/Day - Off Ride of the Week.** This is an easy-paced ride starting at various locations. Ride length is between 20 to 30 miles usually with a lunch stop at the finish (optional). (No ride leaders here, just advisors.) The rides will start at **9:00AM** for July at the following locations:

- July 5th** - Meet at Italian Touch in Middletown, VA; park in back.
- July 12th** - Parking lot across from the St. Paul Episcopal Church in Strasburg, VA.
- July 19th** - Santorini Grill, Berryville, VA.
- July 26th** - Rock Harbor Golf Course; park on left.

**Saturdays - Casual Road Ride - Location Alternates.** This ride will alternate the starting location between the Exxon on the north side of Route 7, just west of Berryville and White Post Restoration. Please contact Susan Walker for details. [susanwwalker@comcast.net](mailto:susanwwalker@comcast.net) or 540 247 7706. All rides are posted to the WW Google Group.

**Saturdays - Shop Rides - Winchester, VA.** Morning Road rides from Blue Ridge Bikes will start at **8:00AM**. These rides are around 20 miles and are finished before 10:00am. Mike Perry and DJ Arnold will lead these rides. DJ's ride will have an average speed of 19 plus and Mike's will be in the 12 to 15 mph range. Please contact Blue Ridge Bikes for more details at 662-1510. **(Please note that DJ's ride leaves promptly at 8:00AM.)**

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## Winchester Wheelmen July 2018 Ride Schedule

Future Weekend Rides or Events

- **08-15 July 2018 - Cycle the Erie Canal - Buffalo, NY.** <https://www.ptny.org/cycle-the-erie-canal/annual-bike-tour>
- **14-17 July 2018 - The Greatest Bicycle Tour of Historic C&O Canal - C&O Canal** <https://sanmar-tgbt.org/>
- **21-28 July 2018 - WW Finger Lakes Trip - Lake Keuka, NY.**
- **24-29 July 2018 - USA Cycling Amateur Road National Championships – Hagerstown, MD.**  
[http://www.visithagerstown.com/amateur\\_road](http://www.visithagerstown.com/amateur_road)
- **20 July - 04 Aug 2018 - The Great Big FANY Ride – NY.** <https://www.fanyride.com/>
- **Sat., 04 Aug 2018 - Mt. Mama Road Bike Challenge - Monterey, VA.**  
<http://highlandcountyrecreation.org/mountain-mama-road-bike-challenge.html>
- **Sun., 12 Aug 2018 - Kid's Club Ride - Winchester, VA.** Back again! Please register early!  
<https://interland3.donorperfect.net/weblink/weblink.aspx?name=E170197&id=39>
- **Sun., 19 Aug 2018 - Lancaster Covered Bridge Classic - Lancaster, PA.** <https://lancasterbikeclub.net/cbc/>
- **Sat., 25 Aug 2018 - Cumberland Valley Century - Boonsboro, MD.** <https://www.bikereg.com/cumberland-valley-century>
- **Sat., 08 Sept. 2018 - The Civil War Century - Thurmont, MD.** <http://www.civilwarcentury.com/>
- **Sun., 16 Sept. 2018 - Back Roads Century - Shepherdstown, WV.** <https://www.potomacpedalers.org/back-roads-century>
- **Sat., 06 Oct 2018 - Sea Gull Century - Salisbury, MD.** <http://seagullcentury.org/>



Club member Pat Dynes and Jeff Dinitz (from Vermont) enjoying a beautiful ride through Fort Valley.



What a way to spend the day.

Everyone, please send me pictures from your biking adventures so I can add them to the newsletter.  
Fun looking at what everyone is doing. Facebook on wheels! [rgolightly22601@gmail.com](mailto:rgolightly22601@gmail.com)

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