

Winchester Wheelmen SEPTEMBER 2017 Newsletter

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"The Bicyclists' Voice in the Shenandoah Valley"

P.O. Box 1695, Winchester, VA 22604

<http://www.winchesterwheelmen.org>

SEPTEMBER MEETING

PLEASE JOIN US FOR THE MONTHLY MEETING TO BE HELD AT CAFÉ DEL SOL ON MONDAY, SEPTEMBER 11TH, STARTING AT 6:00PM. Dinner first with meeting to follow. Please let Ken Tenney know if you are planning on attending by Sunday, September 10th. He can be reached at k_tenney@verizon.net or 540 664 8435. It is important to have everyone's input into club activities and events. Your help in planning activities for the club helps broaden our ride base, activities and membership. It is time to plan for the Banquet and 2018 events. Hope you can make the meeting.

WINCHESTER WHEELMEN METRIC CENTURY!

Please join the club FOR THE 4TH ANNUAL Century ride on October 1 from the Clearbrook Fire Hall at 9am. The fire company is located on Brucetown Road, about ½ off Route 11 in Clearbrook, just past the north entrance of Clearbrook Park. There will be four choices of rides. One slightly less than 20 miles, another one right at 25 miles, the third route at 37 miles and then the 62 mile metric Century. The 25 mile ride and first part of the Metric Century will be more hill climbing and the 20, 37 and balance of the Metric will be much more flat with fewer hills. The rest stop for the Metric will also be at the Fire hall. There will no rest stops for the other routes, but snacks and drinks will be at the Fire hall to take with you and when you finish.

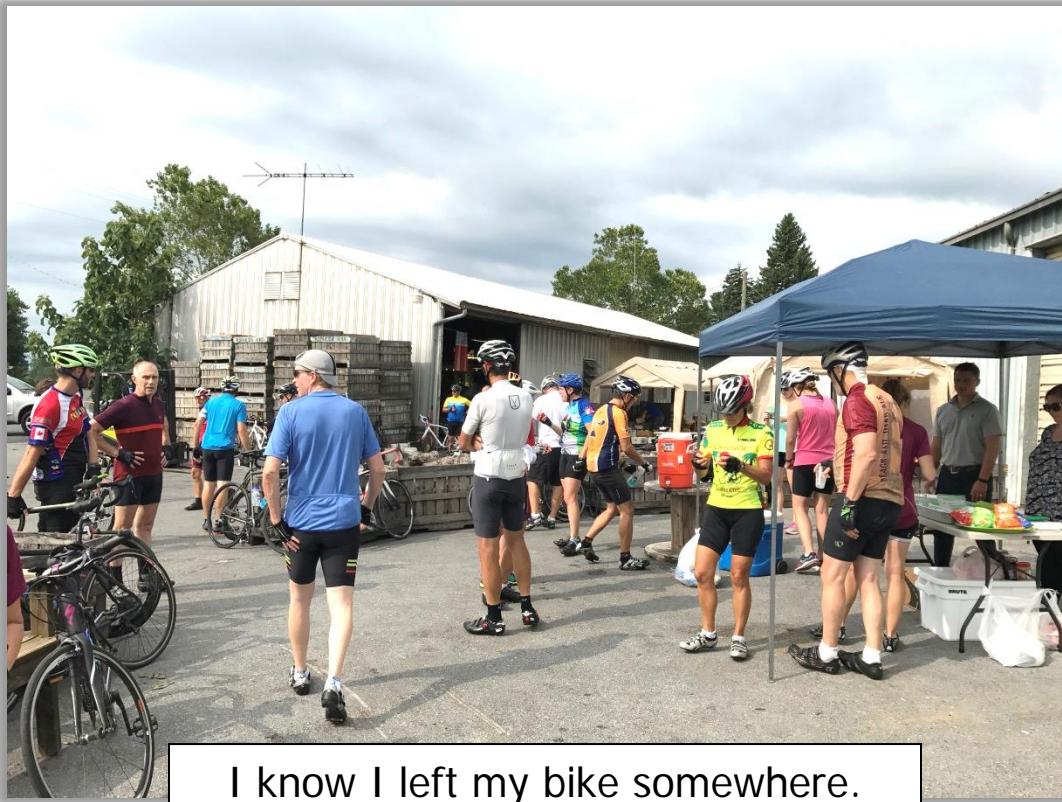
This ride is for Club Members and their families and there is no charge to ride. You are more than welcome to pay your dues that day and ride. We will have membership forms available the morning of the ride. The cost is \$20.00 and will cover your 2018 dues.

Cue sheets will be available morning of the ride, but the 25 miler and first part of the century takes you to the west side of I-81 and the 20, 37 and second half of the Century takes you east to Clarke County.

KID'S RIDE

The 9th Annual Shenandoah Valley Heritage Ride, to support the Kids Club of the Northern Shenandoah Valley was held Sunday, August 27th. The ride many Wheelmen out to support the event and hope we will be able to raise a lot of money for the Kids Club.

Kid's Club Benefit Ride Photos



I know I left my bike somewhere.



Power Bars Rock!

Sunday Sundae Ride



Mountain Biking is set to go!

We will be Mountain Biking on Monday's, starting on September 18th. We will be at Sherando Park in Stephens City on that night at 6:15pm. This will be a casual evening and a good way to get started, if you have an interest in mountain biking. There will be plenty of people there to help and please call me about any questions you may have. Robert Golightly at 540 535 9986.

Winchester Wheelmen September 2017 Ride Schedule

Weekday/Weeknight/Weekend Rides & Events

Note: For 2017, Robert Golightly continues to be the WW ride coordinator. He may be contacted at rgolightly22601@gmail.com or 540 535 9986. Approved helmets are required for all rides. If you are not a club member, you must sign a waiver prior to the ride. For all scheduled rides with a designated ride leader, please contact the leader for details (confirmation that the ride is a 'go', weather concerns, other). For all rides, the Winchester Wheelmen Google Group delivers the official latest information. The direct link to that web page is: <http://groups.google.com/group/wheelmen>. You can read all of the postings without joining the Google Group.

Mondays - Road Ride - Frederick County, VA. Ride is done for season.

Monday MTB rides:

September 18th - 6:15PM Sherando Park, Stephens City, VA. Will do a couple loops on the single track on the north side of VA 277 (Fairfax Pike).

September 25th - Will meet at **5:30PM** at James Wood Middle School to go to Hawk Recreation Area. Lights required.

Monday - Casual Ride – Susan will send out to the google list location and time of ride, if it is a go. Distance is about 12 miles. Call Susan Walker for more details at 540 247 7706.

Tuesdays - Road Ride - Stephens City, VA. Done for Season.

Wednesdays - Mixed Surface Ride - Frederick County, VA. Ride starts from Fellowship Bible Church and the time is **5:45PM sharp**. This will be a 25-29 mile ride that will travel on different road surfaces, blacktop, gravel, etc. Ken Tenney will be leading for September. He may be reached at 540 664 8435 by voice or text. Front and rear lights required.

Thursdays - Night Road Ride - White Post, VA. This 17 mile ride starts from White Post Restorations. Ride departs promptly at **6:15PM**. Average speed is 15-17mph. There is no ride leader. Front and rear lights required. Ride is usually followed by dinner at Roma's in Stephens City.

Thursdays - Retired/Day - Off Ride of the Week This is an easy to moderately paced ride starting at various locations. Ride length is between 20 to 30 miles usually with a lunch stop at the finish (optional). (No ride leaders here, just advisors.) *While there is no official ride leader, this is a group ride and those familiar with the route picked are asked to make sure all are able to follow the route and slower riders are not left behind.* The rides will start at **9:00AM** at the following locations:

-- **September 7th** - Meet at the Italian Touch in Middletown, Park in back

-- **September 14th** - Meet at Daily Grind on Jubal Early Drive

-- **September 21st** - Meet at the parking lot across from St. Paul's Luthren Church in Strasburg

-- **September 28th** - Meet at the Italian Delight on Warrior Drive in Stephens City. Park close by instead of at the restaurant.

Saturdays - Blue Ridge Bicycles - Winchester, VA. Moderate road ride. Will depart at **8:00AM** and the speed will be in the 12-14 mph zone. Mike Perry, or substitute, will lead the ride leader. About 1.5hrs long.

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