

Winchester Wheelmen March 2015 Newsletter

Volume 32, Number 3

"The Bicyclists' Voice in the Shenandoah Valley"

P.O. Box 1695, Winchester, VA 22604

<http://www.winchesterwheelmen.org>

March Club Meeting

We will be at El Centro Restaurant, N. Loudoun St., Winchester, VA 22601, for the monthly meeting on **Monday, March 9th, 2015**. Dinner/social hour is at **6:00pm** with the business meeting beginning around **7:00pm**. Please RSVP by Sunday the 8th if you plan to attend; RSVPs should be sent to Charmaine Shaw at charmainshaw54@gmail.com or at 540-550-1177.

Some items to be discussed at the March mtg. are:

- Renewal of the Shenandoah Valley Heritage Ride for the Boys and Girls Club in 2015; Heather Forman to be present.
- A new WW jersey design underway with Brian Straightiff guiding the project.
- IMBA membership.
- VBF and LAB memberships.

January Club Meeting

The January club meeting was held at El Centro on January 12th, 2015. There were 26 members in attendance. Minutes kindly provided by Secretary, Charmaine Shaw.

- Treasurer's Report
 - Checking: \$309
 - Savings: \$2,511
 - WWRT : \$1,082
- Officer elections. No oppositions no one stepped down. Was motioned and voted to keep current officers.

- Robert Golightly and Cindy Quinnelly update on Maine trip. One house is full. Possibility of second house if people that are interested take care of own arrangements. 11 members confirmed going. (**Late UPDATE:** 2 openings exist in the 2nd house. Please contact Robert Golightly if interested at 540-535-9986.)
- Was motioned by club member Diane Walker that Wheelmen submit letter of concern about road safety due to recent death of cyclist.
- WW Banquet to be changed to Nov for 2015 in hopes of less conflict for holiday activities during Dec.
- A large social group attended the meeting; Joy MacDonald's daughter attended to thank and meet people her mother spent time with.
- A ghost bike was placed at the intersection of Stewart Street and Handley Blvd. to mark the location and act as a reminder for the death of Kevin Doherty.

2015 Membership Renewal

Please fill out the accompanying form for membership renewal in 2015, if you haven't already. Membership fees for all club members are \$15, whether submitting as an individual or as a family. Without renewal, the March 2015 newsletter will be the last you'll get until renewal. (Please note any e-mail or physical mailing address changes.)

The Shenandoah Valley Heritage Ride is Back!

Mike Perry has been in contact with Heather Forman of the Boys and Girls Club. It's just been resolved that the Shenandoah Valley Heritage Ride will be back in 2015! We're looking for support from the entire club. It has been a great event in the past. Mike has asked Heather Forman to talk with the club about the event's plan at our March meeting. The ride is scheduled for Sunday, June 7th.

Where & When: June 7, Valley Health Wellness & Fitness Center, 401 Campus Blvd, Winchester, VA 22601

Start time is 9:00 a.m. for the 30, 50 & 70 Mile rides.

Start time is 9:10 a.m. for the 10 Mile ride.

The website for the 2015 will go live for registration on Monday, March 2, 2015. The website URL will be released as soon as it becomes available.

Cycling Forums

During the last eight months, I have been frequenting two cycling forums: [Velocipede Salon](#) and [The Paceline Forum](#). Although not the only forums out there, these two seem to be the main ones. They both have general discussion sections where you can share and get information on all aspects of cycling as well as classified sections where you can buy and sell. Each seems to have its own strengths: Velocipede Salon has more frame builders that contribute information, but The Paceline Forum has more classified listings. Both have members that have contributed thousands of posts and they are both worth a look.

- Dave Albecker

Winchester Wheelmen March 2015 Ride Schedule

Weekday/Weeknight/Weekend Rides & Events

Note: For 2015, Robert Golightly continues to be the WW ride coordinator. He may be contacted at rgolightly22601@gmail.com. Approved helmets are required for all rides. If you are not a club member, you must sign a waiver prior to the ride. For all scheduled rides with a designated ride leader, please contact the leader for details (confirmation that the ride is a 'go', weather concerns, other). For all rides, the Winchester Wheelmen Google Group delivers the official latest information. The direct link to that web page is: <http://groups.google.com/group/wheelmen> you can read all of the postings without joining the Google Group.

Tuesdays - MTB Ride - Bentonville, VA. Meet at the Bentonville low water bridge at 5:45PM for a MTB ride at Andy Guest SR SP. The ride start time is 6:00PM. The first date for the ride is **the 10th of March**. Ride will be until dark. You may want to have a light in case there is an issue and biking in the dark is needed. Robert Golightly is leading. He may be contacted at 540-535-9986.

Tuesdays in March - Road Ride - Boyce, VA. Meet at Boyce Elementary School for a 6:00PM ride start. Basic distance is 18 miles. Will regroup as needed. Would suggest this is not a beginner's ride for the hills involved. Ken Tenney leading and may be reached at 664-8435. Changes will be posted to the WW Google Group. Ride will switch to Food Lion in April for greater length. Ride loop: <http://ridewithgps.com/routes/316780>

Thursdays - Paceline Ride - Berryville, VA. Meet at Quarles gas station at junction of Kimble Road and VA Route 7. Ride starts at **6:00PM**. The loop is 27miles. Park anywhere behind the store in the grass, leaving the gravel driveway clear in case the truck needs to get to the septic tank. Parking straight in towards the trees will allow plenty of parking slots. Please do not park in the paved parking area since that is used by customers. Any participant must be comfortable with paceline riding. <http://ridewithgps.com/routes/101710>. There is no ride leader. Ride starts on March 12th.

Thursdays - Night Road Ride - White Post, VA. This ride is a "go" unless there is rain or snow. Ride starts from White Post Restorations. Ride departs promptly at **6:00PM**. Average speed is 15-17mph. No ride leader.

Fridays - Retired/Day-Off Ride of the Week This is an easy-paced ride starting at various locations, changing from Thursdays. Ride length is between 20 to 30 miles usually with a lunch stop at the finish (optional). (No ride leaders here, just advisors.) The rides will start at **10:00AM** for March at the following locations:

Friday March 6th--Meet at the Daily Grind on Jubal Early Drive.

Friday March 13th--Meet at Panera Bread. Park in gravel lot behind on Tevis.

Friday March 20th--Italian Touch in Middletown. Park in back.

Friday March 27th--Daily Grind on Jubal Early Drive.

Saturday, March 7th - MTB Ride at Andy Guest Shenandoah River State Park - Bentonville, VA. Join Robert Golightly for an easy to moderate MTB ride. Meet at the parking lot for the Massanutten Shelter Parking Area for an **11:00AM** start. Entry fee is required (\$5); season pass is available.

- Following Saturdays (14th, 21st, and 28th) – If the weather is ok to road bike, we will ride from Cooley Elementary School, in Berryville, starting at 11:00am. If the weather is not good for road cycling, then the MTB ride will happen at Andy Guest. Please call Robert Golightly each week for details; he will send notice out to the Goggle Group each week, also.

Saturdays - White Post Restorations Casual Ride - White Post, VA. Dale Lehnig is leading this ride at **1:00PM**. Ride distance is approximately 18 miles. Only held in mild weather conditions. Dale may be reached at Dale@Lehnig.net.

Saturday, March 28th - Trooper Manion 5k - Frederick County, VA. This is a non-WW charity event to fund a high school scholarship. Check it out at <http://www.troopermanion5k.com/>

Winchester Wheelmen March 2015 Ride Schedule

Future Weekend Rides or Events

- **Sun., April 12th - Harris-Roubaix - Harrisonburg, VA.** <http://svbcoalition.org/events/annual/the-harris-roubaix/> Fun mixed surface ride down the Valley.
- **Sat., May 2nd - Apple Blossom 10K - Winchester, VA.** <http://thebloom.com/event/10k-race/>
- **Sat., May 16th - CASA River Ride - Shepherdstown, WV.** <http://www.casarivercentury.org/>
- **Sat., May 16th - Tour de Madison - Madison County, VA.** <http://tourdemadison.com/>
- **Sun., May 17th - Storming of Thunder Ridge - Lynchburg, VA.** <http://stormingofthunderridge.org/>
- **Sun., May 25th - Mountains of Misery - Newport, VA.** <http://2014.mountainsofmisery.com/>
- **Sun., June 7th - Boys and Girls Club Ride - Winchester, VA.** Website TBD.
- **June 13-14th - Tour de Vine Bike MS - Charlottesville, VA.**
http://main.nationalmssociety.org/site/TR/Bike/VABBikeEvents?pg=entry&fr_id=25443
- **June 26th-July 1st - Bike Virginia.** <http://bikevirginia.org/>
- **Sat., June 28th - 2015 Garrett County Gran Fondo - Deep Creek Lake, MD**
<http://www.winthefight.org/granfondo/>



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