JULY MEETING:
The July meeting will be held on Wednesday, July 10th at 6:00 PM. This meeting will be held at El Centro Restaurant, 1 N. Loudoun St, Winchester, VA 22601. If planning to attend, please let Ken Tenney know by Tuesday, July 9th, at k_tenney@verizon.net.

The club would like to thank Ed Duncan for hosting the June meeting at his home in Winchester. A great time was had by those able to attend.

June Meeting
Treasurer’s Report
Checking and Savings: $3,307.06. All bills for 2019 have been paid.

Discussion Items

- Frederick County Parks and Recreation Department is now looking at building a skate park at Sherando Park and is looking for input from the club. Bruce and Ken will be attending a meeting with the park and would appreciate any feedback or suggestions from club members. No date was given for the meeting.

- Matt DesRosiers suggested the club make a donation for the restoration efforts of the old gas station in White Post. Since we already give to the town to help pay for street lighting, Mike Perry suggested we have a fund-raising ride from the White Post Restoration Center, later this summer or early fall, and the money will be donated to the restoration of the gas station. No date has been set for this yet.

KIDS CLUB RIDE
"AUGUST 25TH"

PLEASE MARK YOUR CALENDAR FOR THIS SPECIAL EVENT. THIS IS ONE OF THEIR LARGEST FUND RAISERS AND THE MONEY IS BADLY NEEDED TO CONTINUE THEIR GREAT SERVICE TO THE KIDS IN THE LOCAL COMMUNITY!
THE STARTING LOCATION FROM VALLEY HEALTH WELLNESS CENTER IS THE SAME AND WILL HAVE THE USUAL 4 RIDING OPTIONS (10, 30, 50 AND 70 MILES).

THE CLUB WILL BE SENDING OUT ALL THE INFORMATION ON THE RIDE SHORTLY.

Winchester Wheelmen July 2019 Ride Schedule
Weekday/Weeknight/Weekend Rides & Events

Note: For 2018, Robert Golightly continues to be the WW ride coordinator. He may be contacted at rgolightly22601@gmail.com or 540 535 9986. Approved helmets are required for all rides. If you are not a club member, you must sign a waiver prior to the ride. For all scheduled rides with a designated ride leader, please contact the leader for details (confirmation that the ride is a 'go', weather concerns, other). For all rides, the Winchester Wheelmen Google Group delivers the official latest information. The direct link to that web page is: http://groups.google.com/group/wheelmen you can read all of the postings without joining the Google Group.

Monday - Road Ride - Frederick County, VA. Monday night road ride from White Hall United Methodist Church (3265 Apple Pie Ridge Rd, Winchester, VA 22603). Rides will push off at 6:15 PM. This is a 24 mile loop that travels north into West Virginia. Ride is at moderate pace, with some climbing. Always need a rear light and a front light is recommended. Please contact Robert Golightly for more information on this ride. rgolightly22601@gmail.com

Tuesday - Road Ride - Stephens City, VA. Meet at the old Shop ‘n Save Plaza east of Stephens City on VA 277 for the 6:00 PM ride start (380 Fairfax Pike, Stephens City, VA 22655). This is not a beginner ride; the pace is 17-19mph for the slower group, 19+ for the faster group. Typical loop is here: http://www.ridewithgps.com/routes/102730 ; Ken Tenney will lead the ride for June. There may be a 14-16mph group each week. Please check the WW Google Group for details.

Wednesday - Road Ride - Frederick County, VA. Ride from Orchard View Elementary School starting at 6:30 PM. Please be ready to push off at 6:30. This is a 17 mile loop. The average speed is around 16 to 17MPH and has 3 stops to regroup. Last 4 miles back is a pace line and is good training for pace line riding, as we keep the pace between 18 and 20 MPH on the fairly flat portion of road. Please contact Robert Golightly for more information at rgolightly22601@gmail.com.

Thursdays - Retired/Day-off Ride of the week. This ride is an easy to moderate pace ride starting at various locations. Rides start at 9:00 AM (except for the 4th) and ride length is between 20 to 30 miles, with an average speed of 12-15 MPH. The rides usually have a lunch break stop or lunch after. Rides are as follows:

- July 4th: Capon Bridge River Loop. Time start on this ride is 10:00 AM. The ride Starts from
the Bank of Romney, located on the main street (Route 50), just past the Family Dollar store. The ride is about 25 miles. The ride takes Christian Church Road to Rt. 259. Rt 259 to Yellow Springs and back to Capon Bridge via the River Road.

- **July 11th**: Meet at Italian Delight on Warrior Drive. Route is 28 miles.
- **July 18th**: Meet at Shenandoah County Park. The park is located just off Rt. 11, just south of Toms Brook (I-81 291 exit).
- **July 25th**: Meet at Cooley School in Berryville, across from the Fair grounds and near the Business 7 circle. 29 mile ride.

**Thursdays - Casual Ride - White Post, VA.** This ride will start from White Post Restoration at **5:45 PM** and do the regular 17 mile route. There is no formal ride leader, but check the WW Google Group for details.

**Thursdays - Road Ride - White Post, VA.** This 17 mile ride starts from White Post Restorations. Ride departs promptly at **6:15 PM**. Average speed is 15-17mph. There is no ride leader. Ride is usually followed by dinner at Roma’s in Stephens City. Lights required.

**Thursdays - Paceline Ride - Berryville, VA.** 27 mile ride. [https://ridewithgps.com/routes/29740009](https://ridewithgps.com/routes/29740009) Push time is **6:00 PM**. Hard-working paceline group. Expected pace is 20mph and greater. Meet at DG Cooley School west of Berryville, across from the Clarke County Fairgrounds: Lower Campus, 34 Westwood Road, Berryville, VA 22611. Ken Tenney is leading and may be reached at 540-664-8435(M).

**Saturday morning Rides from Blue Ridge Bikes.** There are 2 rides from the shop parking lot. Both rides will take off at **8:00 AM**. The first group will be a faster group, with an average pace of 17+ mph. The second group will average around 13 to 15 mph. DJ will lead the first group and Mike Perry the second group. Please stop by the shop for more information on these rides.

**Saturdays - Casual Ride - White Post, VA.** This ride will start from White Post Restoration at **1:30 PM**. Shirley Dunsmore is leading and can be reached at sdunsmor@hotmail.com (No ride on the 13th).

**Saturday AM Mountain Bike rides return in October, 2019.**

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Winchester Wheelmen July 2019 Ride Schedule
Future Weekend Rides or Events

- **07-14 July 2019 - Cycle the Erie Canal - Buffalo, NY.** [https://www.ptny.org/cycle-the-erie-canal/annual-bike-tour](https://www.ptny.org/cycle-the-erie-canal/annual-bike-tour)
- **21-26 July 2019 - The Great Big FANY Ride – NY.** [https://www.fanyride.com/](https://www.fanyride.com/)
- **Sun., 25 Aug 2019 - Kid’s Club Ride - Winchester, VA.** URL TBD.

_Sunday, 21 July 2019._ Apparently, Woodstock is too far for this monthly casual ride. After 16 participants in May, we were down to 5 in June. Reset to the Winchester area for July, this ride will start at DG Cooley School, Lower Campus, 34 Westwood Road, Berryville, VA 22611. The ride will be about 35 miles and the old “Leetown Fish Hatchery” ride. RE: [http://www.winchesterwheelmen.org/Maps/Leetown%20Fish%20Hatchery.pdf](http://www.winchesterwheelmen.org/Maps/Leetown%20Fish%20Hatchery.pdf) (I will update with a Ride with GPS map before the ride date). This will be a casual pace and regroup as needed. Push off time will be **8:00 AM** to beat some of the heat. Please call Ken Tenney at 540 664 8435 or e-mail at k_tenney@verizon.net
Woodstock Sunday Ride – Bruce Taylor
Fort Valley Ride – Patrick Dynes